

TATTOO AFTERCARE

Remove the bandage from your tattoo after 5 hours. *Wash hands prior to cleaning your tattoo.* Wash your tattoo gently, but thoroughly, with an unscented soap (e.g. Dove) and warm water. Pat the tattoo dry with a clean towel or a piece of paper towel.

DO NOT RE-BANDAGE YOUR TATTOO

Let your tattoo air dry overnight. Wash the tattoo once again, with your unscented soap and warm water in the morning and pat dry. Leave your tattoo to air dry throughout the day. At night repeat washing process once more, pat dry and add a small amount of unscented moisturizer to the tattoo (e.g. Lubriderm).

Wash your tattoo, twice daily, and moisturize as needed for the next two weeks. Also ensure that sheets and pillow cases are regularly washed throughout the healing process.

Do not soak or submerge your tattoo in water. It is best to only shower during the first couple of weeks.

DO NOT PICK OR SCRATCH AT YOUR TATTOO

No swimming or tanning for 3 weeks after getting your tattoo

Swelling and redness is normal. To reduce discomfort caused by swelling, you may take an Ibuprofen or Acetaminophen. If you are concerned about the possibility of an infection, please contact us at the shop and we can better direct you on to how to adjust your healing process. If infection does not improve within 24 hours, consult a physician.

PIERCING AFTERCARE

PLEASE WASH YOUR HANDS BEFORE TOUCHING YOUR PIERCING!

ONLY ONCE A DAY - Wash your piercing using a mild and unscented soap with water (while in the shower). Lather the soap in your hands and gently apply to the area and rinse clean. We recommend using unscented Dove, Ivory or Spectro gel! Your piercing should be the last thing you clean before getting out of the shower; this ensures that you wash off any shampoo/conditioner/body wash that may have come in contact with your piercing. After cleaning, pat the piercing dry with a clean towel and leave alone until next cleaning.

Bleeding and bruising are quite common during the healing process. **See a physician if you believe you have an infection.**

DOS

- Use ice and/or anti-inflammatories to aid swelling.
- Sleeping with your head elevated higher than your heart will help reduce swelling
- Ensure you're keeping sheets, pillowcases, clothing and hats clean
- Watch taking your glasses on and off
- If it gets crusty leave it until next cleaning; crusties are a normal part of your body's healing defence
- Leave it in for the recommended healing period

DONTS

- Don't touch, turn or remove the jewelry
- Don't use Rubbing Alcohol, Peroxide, Polysporin, Vaseline or Bactine
- Don't Swim For at least 1 month
- Don't over clean or sleep on it if possible